

June 16, 2019

Letter in Support of Peter Levine

I am writing this letter of recommendation on behalf of Peter Levine based upon my experience as his sprint coach at the Urban School of San Francisco.

I have been coaching track and field at the Urban School for the past 7 years and have been competing in track and field off and on for the past 17 years. I competed as a sprinter for UC San Diego for 4 years and was 3-time All-American. I also competed for 1 year of indoor track at San Francisco State University while earning an MS in Kinesiology. When my collegiate eligibility ended, my enthusiasm for track and field only grew so I began training for the decathlon and earned the 6th best all-time mark in the US. As a coach, I work primarily with the sprinters but have also coached the jumping and throwing events. At our small school, it is rare to encounter a student-athlete with a genuine enthusiasm for multiple events, as well as the athleticism to excel at all of them, which is why I am writing this letter on behalf of Peter Levine.

I first had the pleasure of coaching Peter his freshman year during the 2017 track season. When I first met Peter, he was pure talent and enthusiasm but lacking in conditioning. He struggled with injury during his first year but still placed very well in the high jump which was his primary event at the time. Peter learned from the frustration of his freshman year and took the initiative to start resistance training in the off season. As a result, he gained more strength and was able to better tolerate the more intensive track workouts with the team.

This past year, Peter has shown exceptional dedication to the sport and receptiveness to instruction. His great attitude has made it a rewarding experience to coach him and I am eager to see what he will accomplish during his athletic career. He has also shown me this year that he can both prioritize his individual goals and still be there for his teammates. It was a struggle at first for Peter to commit to the 4x100 relay. When he was first learning to jump and hurdle, adding the 4x1 to the mix was overwhelming to him. However, he rose to the occasion and learned to balance training for three very technical events, coordinate with three different coaches, and also be there for his relay teammates. Peter knew that he was the only chance for the 4x1 team to advance, and he did not let his teammates down.

I can see that this sport has truly resonated with Peter and has touched his life the way it has touched mine and the lives of my fellow coaches at the Urban School. Peter's dedication, along with his aptitude in the hurdles, jumps, and sprints, is going to take him a long way. I hope he finds a collegiate coach that believes in him as much we do at Urban.

Sincerely,



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