

Andrew Tran, PT, DPT, NCS, CSCS

May 23, 2019

Letter in Support of Peter Levine

As the jumps coach at the Urban School of San Francisco, it is with great pleasure that I recommend Peter Levine as a prospective athlete on the collegiate track & field team. Additionally, I am writing in his support drawing from my professional experience as a licensed physical therapist (PT) and Certified Strength & Conditioning Specialist (CSCS) who has worked with hundreds of patients/clients in the realm of healthcare, wellness, and athletics. Furthermore, I speak from personal experience as a former member of the UC San Diego Track & Field team and continued post-collegiate competitor as an Open athlete.

I first began coaching Peter during his freshman year in 2017 when he was training for the high jump. I recognized his talent immediately, blessed with great speed, power, and anthropometric qualities that would complement his success in track & field. One of the most impressive things to me is how quickly Peter is able to acquire new motor skills. During his first year formally training for and competing in the long jump and 110m high hurdles, he was top ranked in many of our league meets and now holds the school records in both events. Peter is a kinesthetic learner and true technician who responds well to visual and video feedback, as well as fine-tuned repetition.

Over the years, Peter has grown past his dependence on pure athleticism and talent, and developed a strong work ethic and motivation to take an active role in his training to earn his accomplishments. He continues to mature, is more goal-oriented, and exhibits excellent receptivity to coaching cues. Although a passionate competitor, Peter also understands that success in sports goes beyond the marks, times, or rankings. He values the time spent with his teammates, the community it fosters, has fun, and knows that “doing your best” doesn’t always have to equate to getting another personal record.

I believe that Peter would be an excellent candidate for a collegiate track & field team. At this time, his potential to continue improving has no finish line. He demonstrates outstanding dedication, receptiveness to learning and development, and is truly a competitor and student of the sport. I don’t think a coach could ask anything more from an athlete.

Sincerely,

A handwritten signature in black ink, appearing to read 'Andrew Tran', with a stylized flourish at the end.

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